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July 2003

Food for Thought...

HOW WOULD YOU LIKE TO SAMPLE OVER 35 KOSHER RESTAURANTS, CATERERS, BAKERIES, WINERIES & BREWERIES WHILE HAVING AN AMAING EVENING TO REMEMBER?
THE FIRST ANNUAL JCC KOSHER CULINARY CELEBRATION IS JULY 20th AND YOU NEED TO BE THERE!

The Ruth Hyman JCC of Greater Monmouth County in Deal, NJ is sponsoring the first annual Kosher Culinary Celebration on Sunday, July 20, 2003 at 7 p.m. at the Ocean Place Resort & Spa in Long Branch. The evening will include tastings from some of the finest gourmet kosher restaurants, caterers, bakeries and wineries from New York, New Jersey and Long Island. This event is made possible due to the explosion of gourmet kosher restaurants that have opened up in the last 5 years in the tri-state area.

Participating establishments include:

ABIGAIL'S ON BROADWAY (NY), BARDON HERZOG WINE CO., BISTRO ENTRE NOUS (DEAL), BISTRO GRILL (GREAT NECK, NY), THE BOXTREE RESTAURANT & HOTEL (NYC), BUTTERFLY BAKERY (TEANECK), CHANTILLY BAKERY (BROOKLYN), CIACA (NY), CORIM COFFEE (BRICK), CRAWFORD'S COFFEE (BROOKLYN), DEAL FOOD MARKET, DOUBIE'S BBQ (NYC), ELITE CATERERS (EDISON), FOOTDOWN OF WEST END, FREDDIE'S GRILL (IDEAL), INVITATIONS BY SYLVIA (IDEAL), KANDI KING (BROOKLYN), LA PETITE FRANCE (LAKEWOOD), LEVANA (NY), MAZANBEN (LONG BRANCH), MOBAICA (MILLBURN, NJ), MY MOST FAVORITE DESSERT COMPANY (NYC), SHALLOTS NYC, SHOPRITE KOSHER EXPERIENCE, SOPRANO'S (GREAT NECK, NY), TASTERUD'S (LAKEWOOD), ULTIMATE CATERERS (MARLBORO), WENDY'S PLATE (NYC), YUSSIE'S DELI (LAKEWOOD).

Tickets are \$60 per person if purchased in advance and \$75 at the door.

Proceeds from the evening will benefit the JCC meals on wheels program for homebound, elderly and programs for special-needs children in the community. Corporate sponsors include the Ocean Place Resort & Spa, Fine Fare Supermarket, 406 Avenue P, Brooklyn & Foodtown of West End. For information or to purchase tickets, please contact Joy Betesh at 732-241-6191 or Jhanna Even at 732-531-9100, ext. 130.

The JCC's mission is to serve the cultural, educational, physical and social needs of the Jewish community in Greater Monmouth County and to promote Jewish identification and the appreciation of Jewish heritage.

So what makes this different and why should you try it?

Initially, we think that you should try everything once in life. Especially something that can replace a harmful habit with getting the same effects. Secondly, you'd think that a personalized service such as this would cost you an arm and a leg. Actually the airbrush tanning at this time is only \$26 per session and Jennifer has many packages that will fit your specific need and while the actual session won't take longer than 15 minutes, the overall experience is rather comparable to normal tanning without harming your skin!

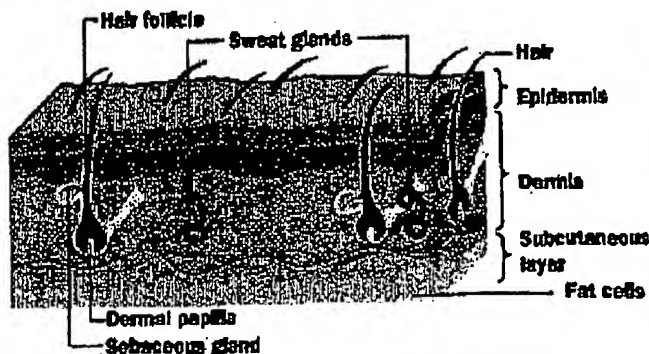
Still not convinced?

I bet you gave your mother a hard time when you were a kid! Just remember there is no SPF in the spray at this time. Which means that if you are planning on actually getting in the sun, put on something with an SPF of 15 or more.

HOW SELF TANNER WORKS:

The skin is made up of 2 layers; the epidermis on the outside and the dermis on the inside. When it comes to tanning, the epidermis is where all the action takes place. The epidermis is also made up of layers. The outermost layer called the stratum corneum is most affected by the sunless tanners. This is why it is necessary to exfoliate. Tan fades because you are shedding the dead skin cells of the epidermis.

When applied, DHA, a colorless sugar, reacts with the stratum corneum resulting in a color change that lasts 4-7 days until the dead cells fall off or are exfoliated.



Also applying a moisturizer morning and evening will keep your tan for longer. Just avoid products with and Alpha Hydroxy Acid in them. AHA's are used to increase exfoliation and will accelerate the fading process of your tan.

Getting married? Have a private party for you and your bridesmaids! Jennifer even has a special bridal tan formula that makes your skin glow with a warm shimmer! Enjoy the studio to yourselves while you sip wine, eat goodies, and get the perfect tan. Appointments are available at anytime to accomodate even the toughest of schedules.



For more information you can contact Jennifer at "The Airbrush Tanning Studio" at 732-219-8999.

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